

Spartan Wrestling Newsletter

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www.simleywrestling.com

January 2005

Let's Wrestle!

The Spartans opened their season at the Albert Lea Duals. After a first round bye, Simley began their season wrestling top 10 ranked Cambridge-Isanti. Freshman #103 Kyle Bulera began the varsity season with a fall in the second period. #112 Jake Tabbert, #119 Brian Watrud, #130 Mark Prokopowicz, #135 Seth Anderson also recorded falls in the match. Decisions were recorded by #145 Brandon Murphy, #152 Mitch Millner, #160 Steve Staples, #189 Cullen Berg and Hwt Bill Lundblad. Final score Simley 48- CI 15.

The Spartans next met Class A #5 ranked New Richland-Hartland-Ellendale-Geneva. Simley proved strong for New Richland for they did not score their first team point until the #189 match. Final score Simley 52-NRHEG 9.

Simley moved on to wrestle Class A #2 ranked GrandMeadow/LeRoy-Ostrander/Kingsland. #103 Kyle Bulera and #112 Tabbert got Simley on the board first. #135 Seth Anderson & #145 Brandon Murphy earned tech falls. #152 Mitch Millner earned a pin. #160 Steve Staples earned a decision making the team score; Simley 29, GMLOK 19. At #171 Nate DuVal lost a tight match 0-1 to #1 ranked Joe Bunne. Simley lost the #189 and #215 matches. Heading into the heavy weight match the team score was tied 29-29. Simley's Bill Lundblad earned a fall in the second period winning the match for Simley. Final Simley 35 – GMLOK 29.

It was onto the anticipated match-up of the tournament with highly rated Albert Lea. #112 Tabbert earned a decision. #119 Brian Watrud had a big win over #6 ranked Johnson. Watrud down 0-2 in the 3rd period powered a take down and 3 near fall points in the last 30 seconds of the match to win 5-2. #135 Seth Anderson pinned his opponent. #145 Brandon Murphy won 6-3 and #152 Mitch Millner earned a fall over AL's ranked Jared Butler. #171 Nate DuVal had a good win over Alex Hansen 6-1. #189 Cullen Berg lost a hard fought match in OT 0-2. Entering the #215 match the team score was Simley 23 – AL 26. Simley lost the #215 weight by fall. Hwt Bill Lundblad answered with a fall. Final score; Simley 29 - Albert Lea 32. The duel was a split, Simley wining seven weights, Albert Lea seven.

First Conference match

The Spartans traveled to South St. Paul for the conference match of the season. Simley recorded falls from #103 Kyle Bulera, #112 Jacob Tabbert, #119 Brian Watrud, #125 Kurt Knutsen, #130 Mark Prokopowicz, #135 Zack DeLong, #140 Seth Anderson, #145 Ryan Grosland, #152 Mitch Millner and #215 Adam Hunter. Final score Simley 63 – So. St. Paul 9.

The JV had a successful evening of wrestling too. Simley JV 52 – So. St. Paul JV 21. Wins recorded by: Adam Erdman, John Prokopowicz, Tyler Schiefelbein, Mic Berg, Jon Wolf, Nick Tolsma, Jacob Keefer, Tim Clark, and Chris Jones

Edison & Christmas Tourney

Due to an initial miss diagnosis of a skin condition, which in return exposed multiple varsity wrestlers to skin herpes varsity wrestling was shut down for a number of days in December. Simley did not participate in the Edison and Christmas Tournaments. The Simley coaching staff worked closely with Dr. BJ Anderson a consultant to the MN State High School League on skin conditions.

As always, Simley wrestling strongly encourages every wrestler to shower immediately after each practice with antibacterial soap, use a clean towel each time and wear clean practice clothes for each practice/workout. In Addition wrestlers are reminded to frequently wash knee/elbow pads and head gear. The wrestling mats are disinfected daily.

Clash III

The Spartans resumed wrestling practice on December 27th and headed to Rochester, MN on the 30th & 31st to participate for a 2nd year in 'The Clash', a national dual tournament highlighting top teams from MN and around the country. Simley's first match up was to Harry Burke, Nebraska who placed 3rd in NE's Class A State in '04. Simley's match winners were Kurt Knutsen, Mark Prokopowicz, Seth Anderson, Brandon Murphy, Steve Staples, Mitch Millner, Nate DuVal, Adam Hunter and Bill Lundblad. Final, Simley 43-Burke 21.

Simley advanced on to wrestle Lake Stevens, Washington, currently ranked #1 in WA Class 4A. Spartan match winners: Kyle Bulera, Kurt Knutsen, Brian Watrud, Mitch Millner, Nate DuVal, and Cullen Berg. Final: Lk. Stevens 37 – Simley 22. Simley next faced Skutt Catholic, Nebraska, currently ranked #1 in NE's small schools. Match winners Kurt Knutsen, Seth Anderson, Alex Watrud and Bill Lundblad. Final, Skutt 43 – Simley 19.

Day 2 offered three more duels. Simley began by wrestling Sedro-Woolley, Washington, currently ranked #1 in WA Class 3A. Spartan match winners: Seth Anderson, Brandon Murphy, Steve Staples, Mitch Millner, Chris Jones and Bill Lundblad. Final Sedro-Woolley 33 Simley 21. Simley's next match up was with a town our wrestlers can locate on a map, Hastings. Simley's match winners: Brian Watrud, Seth Anderson, Steve Staples, Mitch Millner, Nate DuVal, Cullen Berg, Adam Hunter and Bill Lundblad. Final, Simley 32- Hastings 20.

The Spartans concluded their tourney wrestling the Hornets of Frazee. Another town imbedded in wrestling tradition. Simley match winners: Kyle Bulera, Jacob Tabbert, Kurt Knutsen, Mark Prokopowicz, Seth Anderson, Mitch Millner, Steve Staples, Cullen Berg, Adam Hunter and Bill Lundblad. Final, Simley 45 – Frazee 16.

Happy New Year!

JV & Varsity 2004-2005 Schedule

Jan 7-8: V. at Bismarck ND Tourney
 Jan 8: JV at Anoka Tourney 10am.
 Fri. Jan 14: Apple Valley at Simley 6/7:30pm
 Sat. Jan 15th Kids Folkstyle Tournament
 Thurs. Jan 20: St. Thomas & Mahtomedi & Richfield at Simley 5pm
 Sat. Jan 22: V & JV at Wheaton Tourney
 Thurs. Jan 27: Tartan at Simley Parent's Night 6:30/7:30pm
 Fri. Jan 28: @ Irondale 6/7:30pm
 Sat. Jan 29: Grand Rapids 10:30am/Noon
 Thurs. Feb 3: No.St.Paul at Simley 6:30/7:30pm
 Sat. Feb. 5 Simley @ Sibley tbd
 Sat. Feb. 5: JV Conference Meet
 Thurs Feb 10: Team Section @ Sibley 6/8pm
 Fri. Feb 11: Team Sect Finals at Simley 6/8pm
 Fri. Feb 18 Sect 3AAA Indiv: Hastings 4pm
 Sat. Feb 19 Sect 3AAA Indiv: Hastings 10am
 Thurs – Sat., Feb 24-26 State Tourney @ Xcel

Any adjustments to the schedule are posted on Simley's web site.

All Wrestlers & Parents

Your help is NEEDED as we prepare for January & February wrestling concessions. The donation of beverages by our wrestlers is very helpful in raising funds to support our wrestling program at ALL levels. Our concession committee requests that each wrestler donate a case of pop or water. Please note the specific

donation below. It is important that the beverages are brought to the varsity wrestling room **by Tuesday, January 11th**, for planning and preparations for our Friday night Simley match and weekend youth tournament.

<u>Grade:</u>		
K & 1st	Diet Coke	24 can count
2nd & 3rd	Coke	24 can count
4th	Diet Pepsi	24 can count
5th	Pepsi	24 can count
6th & 7th	Mt. Dew	24 can count
8th	Dr .Pepper	24 can count
9th-12th	<u>20oz Water</u>	24 count

Thanks for the help! Last year almost every wrestler brought in their beverage donation, which was a huge success in generating funds for our program. If you have any questions please call Theresa Murphy at 651.457.5618.

Parents please keep in mind that your help is needed in working in the concession stand. So, no parent misses their son's wrestling it is *most* helpful if high school parents work the youth tournament and youth and middle school parents work the high school meets. Thank You, Your Concessions Committee

Middle School Wrestling

Our Middle School wrestlers are coached by Kevin Jensen and Dan Dietrich. The Middle School team began their season with 23 wrestlers on the squad, some with many years of experience already and a few first year wrestlers. Two wrestlers were moved up to the junior varsity to fill open spots there; #103 Jack Barnes and #125 Mic Berg. The remaining 21 wrestlers headed into the winter break having had success on the mat and showing much improvement.

At the conference dual tournament on Dec. 11th the Junior Spartans came away with the runner-up trophy. Our Spartans defeated White Bear Lake in round one action. Knocked of Cottage Grove in the semi-finals, but were upended by a strong Hastings team in the finals. On December 18th, our Junior Spartans traveled across the border and wrestled a very tough Hudson Middle school tournament. This was the Spartans first appearance in this tourney. Three wrestlers came away with first place finishes; 8th graders Kurt Julson and Torrie Morgan and 6th grader Cola Jensen. Three Spartans placed runner-up, 7th graders Dylan Wright & Drew Downhour and 8thgr. Jake Hoffner.

Fourteen wrestlers head into the break with winning records. Leading the pack are Conner Anderson 19-4, Dylan Wright 18-2 Tommy Glenn 18-4, Torrie Morgan 15-1 Cola Jensen 18-4, Kurt Julson 16-2 and Hake Hoffner 15-3. Leading the team in falls is

Jake Hoffner with 12 followed close behind by Luke Perkerwicz and Tommy Glenn with 10 falls each.

Our Middle School Spartans return to action on January 6th and finish the season with tournaments at Hastings on January 15th and South St. Paul on January 16th. Our Junior Spartans last home match is Tuesday, January 11th. See the Middle School wrestling schedule in detail on the web at: www.simleywrestling.com

Meet our Middle school Spartans and their individual record to date 1/1/05: Casey Kennedy 12-5, 6 falls. Matt Kruse 10-3, 3 falls. Dylan Wright 18-2 3 falls. Cola Jensen 18-4, 7 falls. Jesse Fuss 12-7, 6 falls. Tommy Glenn 18-4, 10 falls. Travis Schindlecker 3-13 1 fall. Kurtis Julson 16-2, 6 falls. Alex Chruscielski 7-14, 3 falls. Torrie Morgan 15-1, 7 falls. Jake Hoffner 15-3, 12 falls. Conner Anderson 19-4, 6 falls. Luke Perkerwicz 12-7, 10 falls. McCaleb Morse 3-19, 2 falls. Buck Robinette 2-5, 2 falls. Alex Lashomb 10-7, 7 falls. Alex Roth 0-17. Bryce Nelson 5-9 2 falls. Drew Downhour 2-15, 1 fall. Brandon Kraskey 0-7. Charlie Gelhaye 5-2, 3 falls.

Youth Wrestling, It's where the Simley Spartan tradition begins!:

Our youth program is in full swing with an exceptional turn out of 58-60 kids for level I and II combined. The youth have participated in five tournaments to date. Border Wars (Oct. 23), Apple Valley Open (Nov. 13), Hastings Open (Nov. 28), Northfield Open (Dec. 11), and the Brock Lesner Gopher Kids Classic (Dec. 19). A detailed practice and tournament schedule can be found on the web site.

The Brock Lesner Gopher Classic is an annual "Regional" tournament represented by multiple states; including MN, IA, WI, ND, SD and IL. As custom, the competition was extremely tough. The Simley Youth Club brought 12 wrestlers to Rochester this year and had a very good showing with six finalist and nine overall place winners. U6: #55 Joey Matthews 2nd. U8: #55 Cortez Arredondo 2nd, #60 Rodolfo Delao and Mack Short dnp. #75+ Jack Ryan 6th place. U10: #65 Kyle Gliva 2nd, Pedro Delao 3rd. #70 Jake Short 2nd, #75 Nick Wanzek 2nd, #95 Robin Schauls 5th, Alex Biggs dnp. #120 Lorenzo Estrada 2nd place. Congratulations wrestlers!

Simley Spartan Wrestling Quilt

Spartan wrestling fans will have opportunities to purchase chances to win a Simley Spartan Wrestling quilt. The Spartan quilt is a history collage of Simley Wrestling T-shirts.

Each ticket is \$5. or 5 for \$20. You may enter as many times as you wish. All money raised from the quilt will go to the IGH Wrestling Club. The quilt's owner will be drawn between the JV & Varsity matches on Thursday, Feb 3rd. Opportunities to purchase tickets for the Simley Spartan Wrestling Quilt:

Friday, Jan. 14th Simley vs Apple Valley

Saturday, Jan 15th Kids Folkstyle Tourney

Thursday, Jan. 20th Home meet

Thursday, Jan. 27th Home meet

Thursday, Feb. 3rd Home meet

Honoring Kyle Anderson

Since Kyle's injury in October Simley Wrestling has been sending a weekly care package to his platoon who remain on active duty in Iraq. If you would like to donate to this project, bring your donation/s to the concession stand at home meets or drop your donation off at the Tabbert's, 7877 Delano Circle.

Suggested items are: baby wipes, beef jerky, magazines, CD's DVD's, letters, food that will not spoil, motivational/inspirational reading, AT&T phone cards, black socks, toothpaste, deodorant, soap, AA & AAA batteries-they must be packaged, hard candy, gum, sunflower seeds, Gatorade/Kool-aid/lemonade mix, power bars, and anything else that you can think of that might make life a little easier.

Early December Kyle was transferred to Minneapolis VA hospital where he daily participates in intense therapy sessions. Kyle's recovery can be followed on the web at: www.simleywrestling.com Cards/letters can be sent to: LCPL Kyle Anderson, VA Medical Center, 1 Veterand Drive, Ward 3F Room 133, Minneapolis, MN 55417.

Simley Spartan Wrestling Apparel is available for purchase at JDLettering, located across from Applebee's at Upper 55th & Blaine Avenue in Inver Grove Heights. OR Register for your Spartan Newsletter sponsorship and receive a Simley Wrestling long sleeve tee.

Become a Simley Spartan Wrestling Sponsor

This is a terrific way to support wrestling in Inver Grove Heights at all levels: youth to high school. Your sponsorship directly supports this Newsletter and the youth of Spartan Wrestling. Contributions are tax deductible. Details & form on Simley wrestling web site. www.simleywrestling.com

Please note: What is published in the newsletter is what has been forwarded to the editor.

Next IGH Wrestling Club Board meeting: Feb. 1st at 7pm. Location posted on the varsity wrestling door. All are welcome to attend.

High School Wrestlers are reminded to turn in their Takedown/Pin fundraiser form to Coach Short if they have not already done so. ASAP

Check: www.simleywrestling.com often through out the season for a variety of wrestling updates. Join the email list. This is very helpful.



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